

Domesticated.

Perhaps, we should not completely domesticate ourselves. Yes, our minds and bodies require domestication, but should we not keep our ability to be wild in spirit intact?

What is wild? Wild is the opposite of domesticated. Domesticated is the opposite of wild.

Being free to go for a walk without needing to tell anyone is wild. Being free to do anything you want without needing permission or acceptance is being free.

To be wild in 2025 is to be free spiritually. Being wild physically and mentally in an overcrowded world is potentially dangerous, but not if it's controlled.

A wild spirit is innately careful yet curious, kind yet strong, and, most importantly, exhibits freedom across the spectrum of its life.

Its instincts are secure, and it soon learns the difference between good and bad. A wild spirit quickly learns that pleasure is good but not the sole reason for existence.

So, why is there a spirit, and why is there the mind?

The spirit, our spirit, is only limited by the limits we place on it. For instance, the mind loves to compartmentalise everything it can. It loves having an opinion about other spirits, but spirit allows us to accept them without judgment, allowing our spirit to live outside the boundaries of opinions. Life without boundaries on our spirit is acceptance, which keeps us wild.

Wildly happy, wildly smart, wildly imaginative, wildly kind, and finally, wildly wild.

Yes, we can be outwardly sedate whenever required, because there are no known limitations for a wild spirit.

If our spirit is not free, it is waiting to be set free. Spirit is trustworthy. Let it be all it can be.

The End.

Written by Peter Skeels © 5-15-2025