Containment

As I explore the new reality of being able to leave my body and begin to explore what I perceive to be the 5th dimension, my initial wonder lies in the lack of containment I find.

My skull seemingly cracked in half, and I could fly out without a reason not to. I don't have many details of what to expect, and I am thrilled with anticipation to explore this entirely new dimension I have recently been shown.

Still, my journey is mine, and while I was reticent, even afraid, at first to step into the unknown, I now feel comfortable going forward. I don't feel a threat that strange, clawed, one-eyed beings might reach out to attack me as I wander alone through this new, unknown space. Instead, I feel a quiet calmness in me and outside of me that beckons me to journey on.

Somehow, and from some source, I was just reminded to leave my body grounded and safe so that all my dimensions can safely and happily enjoy and feel a part of this journey.

I also feel I'm here to report what and where "here" is.

So, as I take my first steps beyond the limits I have always known, I immediately notice I can see all around me at once; there is no need to turn my head so I can see more; instead, I can see 360 degrees at once.

"But how can that be?" I ask myself.

Then I notice that here there is no outside of me. No skeleton or skin holds me, and nothing contains me at all. I am gently drawn to everything that matters to me while simultaneously not being drawn to anything else.

Remaining tethered to my earthly body is good. My body remains content.

During this journey I notice I have no ego, no need for avoidance or acceptance, and an overwhelming yet calm sense of existing within a higher consciousness.

Lewis, Michael, and Cathy, whom I knew physically thirty years ago when I spent several years, first learning and then graduating as a Reverend in the Church of Divine Man, are now my spirit guides and healers. I trust them implicitly, both individually and collectively.

Last, for today, while being in a dimension of pure love and all-knowing while experiencing no negativity, I realized I want to nurture my earthly needs. Soon enough, I will live outside the earthly dimensions I was born into. Until then, I want to balance my roles.

Written by Peter Skeels © 4-29-2024